Important Information About Swimming Lessons

Due to COVID-19, the way swimming lessons at The Works are offered has changed. The health & safety of our customers and employees is paramount. At this time, we will not be offering Group Lessons such as Tots, Children’s Group, Low Ratio Lessons or Lifeguarding Programs.

We will be offering Private Lessons and Bubble Lessons.

<table>
<thead>
<tr>
<th>Private Lessons</th>
<th>Bubble Lessons</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 Instructor</td>
<td>1 Instructor</td>
</tr>
<tr>
<td>1 Child</td>
<td>2 Children</td>
</tr>
<tr>
<td></td>
<td>in same bubble,</td>
</tr>
<tr>
<td></td>
<td>within 2 levels</td>
</tr>
<tr>
<td></td>
<td>of each other.</td>
</tr>
<tr>
<td>$140 7 x 30-Min Lesson</td>
<td>$175 7 x 30-Min Lesson</td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>1 Instructor</td>
</tr>
<tr>
<td></td>
<td>3 Children</td>
</tr>
<tr>
<td></td>
<td>in same bubble,</td>
</tr>
<tr>
<td></td>
<td>within 2 levels</td>
</tr>
<tr>
<td></td>
<td>of each other.</td>
</tr>
<tr>
<td>$210 7 x 30-Min Lesson</td>
<td></td>
</tr>
</tbody>
</table>

*Note: One Child is enrolled in the class; the other children are added by answering questions during the registration process. The Household who completes the registration is responsible to pay the full amount owing and the receipt will be issued in their name.

Class booking is completed by levels:

**Tots to Red**
- Tots, White, Purple and Red require a parent/guardian to accompany their child in the water. These levels require physical contact, which cannot be completed by The Works staff.
- The instructor will then instructor the parent/guardian on their role in assisting their child.
- A Bubble lesson will only require one parent/guardian to assist with the group.
- For Bubble Lessons, all participants must be within 2 levels of each other. Participants who are in Tots to Red Levels cannot be combined with Green to Platinum Levels.
- Bubbles with a Tot level participant will receive the option to teach the entire bubble in the tot pool or the main pool. Parent/Guardian of the Tot will be asked on the first day of lessons. This option is not available for select time slots.

**Green to Platinum**
- Levels Green and above do not require parent/guardian accompaniment.
- For Bubble Lessons, all participants must be within 2 levels of each other. Participants who are in Tots to Red Levels cannot be combined with Green to Platinum Levels.

October 20, 2020
Masks
- Wearing a non-medical mask that covers the nose and mouth is mandatory while in The Works facilities.
- Participants are to wear a mask as much as possible inside the facility and maintain a 2-metre distance from others.
- Participants, including parent/guardian accompaniment, are not required to wear their mask during physical activity or their swimming lesson.
- Members and Users must wear a mask when going in and out of the facility, to and from the changeroom, while in the changeroom/washroom area.
- Masks must be kept on participants until they enter the pool deck area.
- Masks must be worn once the participants re-enter the change rooms following their lesson.
- The Works staff will be wearing masks when physical distancing cannot be maintained. They will not be wearing them during instruction or lifeguarding if they can maintain physical distancing.

Arriving at the Facility
- Entrance to the Aquarena is through the main entrance, throughout the facility there is directional signage.
- To facilitate physical distancing, arrival and departure times to the facility are structured as follows:
  - Participants must arrive 15 minutes before their scheduled lesson time. Participants must be on the pool deck 5 minutes prior to lesson start time.
  - We recommend that participants arrive with their swim wear on. There is a 15-minute window prior to class time to use the change rooms.
  - There are no showers in the change rooms.
  - All participants must exit the change rooms and go to the rinsing showers on the pool deck to rinse before their lesson.
  - Move to the left-hand side of the pool deck, by the Tot Pool and wait for the lesson to begin.
  - After the lessons, participants will have 15 minutes to rinse off on the pool deck (there is no soap or shampoo permitted to be used, showers are for rinsing only) and use change rooms. There are no hand dryers or hair dryers.
- Exit the Aquarena through the doors located under the Pedway.

Parents & Guardians as Spectators
- Each family/group are permitted one (1) guardian in the facility.
- The only Parent/Guardian permitted on the pool deck are those who are accompanying participants into the water. Spectators are not permitted on the pool deck.

Questions? Please email us at theworks@mun.ca if you have any questions.

October 20, 2020